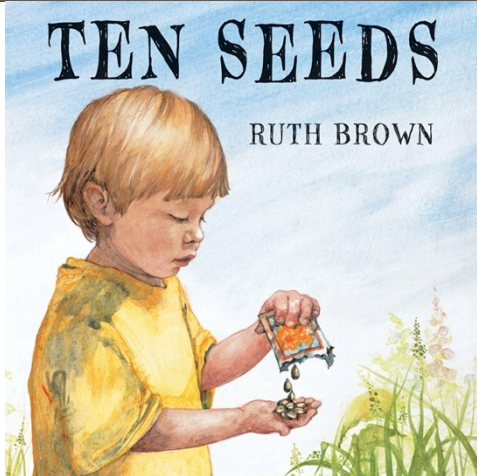




Our top **10** favourite books for children on plants, gardens, growing and the environment for World Book Day 2021.



Created as part of **Botany on your Plate**, funded by the City Bridge Trust.



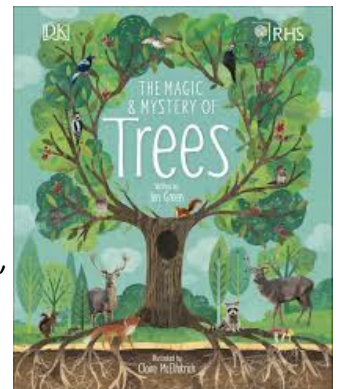
**'Ten Seeds'** by Ruth Brown. A counting book for children aged 0 - 5 yrs. If you plant ten seeds, what do you get? Not always ten plants! Count along as the seeds start sprouting and nature takes its course.



**'The Pip Book'** by Keith Mossman. A great book for anyone who wants to experiment with planting seeds at home - citrus fruits, trees, avocado, soft fruits and how to bonsai. The instructions are simple and easy to follow - I want to try all of them! For any age group.

**'The Magic and Mystery of Trees'**

by Jen Green and Claire McElfatrick. This really is a magical book - the illustrations are gorgeous and you won't just learn about trees. Habitats, the climate and how we can help are all in there too. For ages 7-9 yrs.



**'A Kid's Herb Book'** by Leslie Tierra. I love this book - learn how to make herbal potions and remedies, salves, syrups, stories and songs too. Explore the world of herbs and discover the healing powers of plants.



From our very own SLBI Caroline Pankhurst and Maude Smith **'The Guinea Pig Gardeners'** (for ages 5-8yrs). Meet grumpy Humphrey, his sister Daisy and their friends whilst they plant for pollinators and drink mint tea.

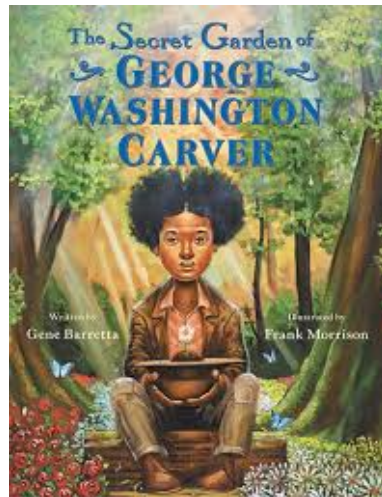


### 'Garden Journal'

by Alice Cantrell. You don't need this book to start a garden journal, any nice notebook will do. But if you want one that has the pages laid out for you, gives you tips on compost, soil, weeds, seasonal suggestions and how to lay out your planting records and notes, this is a good one for anyone growing fruits and vegetable in the garden.

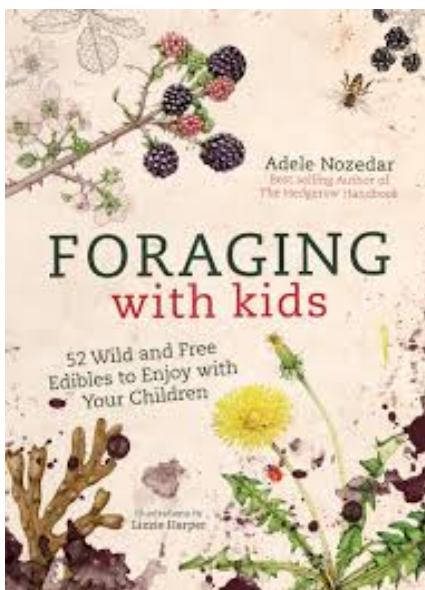
### In 'The Secret Garden of George Washington Carver'

by Gene Barretta and Frank Morrison, you will read the inspiring story of how a baby born into slavery became a celebrated botanist, scientist and inventor. Also known as the Plant Doctor and the Peanut Wizard, he helped thousands of poor farmers in the United States of America to live healthier lives and to improve their farming practices. Ages 4-8yrs.

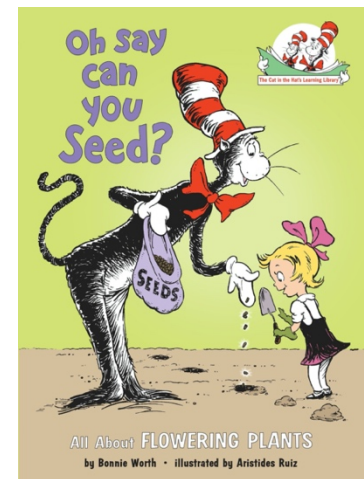


### 'I Ate Sunshine for Breakfast'

by Michael Holland and Philip Giordano (for all ages). A beautifully illustrated, funny and clever celebration of plants from around the world. This book not only answers all your questions about plants, but there are also twelve do-it-yourself activities to try at home to annoy parents.



'Foraging with Kids' by Adele Nozedar (for children to forage with their grownups). There are 52 easy-to-find and identify, edible plants to forage for in this book - including fruits, berries, flowers, herbs and weeds, fungi, trees and seaweed. Learn how to forage safely and with consideration for the plants and their environment, what you can find seasonally and the equipment you'll need.



'Oh Say can you Seed?' by Bonnie Worth and Aristides Ruiz. Written in the style of the classic Dr Seuss books, you can find out all about seeds and flowering plants. "Some seeds come in pods that explode like a sneeze. Other seeds may have wings and can fly on a breeze." Ages 4-8yrs.